



Essentials of Community Risk Reduction

Preventing Suffocation and Choking Resources

- **American Academy of Pediatrics (AAP)**

<https://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/The-Healthy-Children-Show-Sleep-Video.aspx>

Video, The Healthy Children's Show – Sleep (2:55)

<https://www.healthychildren.org/English/health-issues/injuries-emergencies/Pages/Responding-to-a-Choking-Emergency.aspx>

Responding to a Choking Emergency

<https://www.healthychildren.org/English/health-issues/injuries-emergencies/Pages/Choking-Prevention.aspx>

Choking Prevention

<https://youtu.be/1uFdGhDRTpQ>

Video, Choking Hazards Parents of Young Children Should Know About (5:12)

- **Cribs for Kids**

<https://cribsforkids.org/>

The mission of Cribs for Kids® is to prevent infant sleep-related deaths by educating parents and caregivers on the importance of practicing safe sleep for their babies and by providing portable cribs to families who, otherwise, cannot afford a safe place for their babies to sleep. Learn more on the home page.

Scroll down on the home page and click SAFE SLEEP ACADEMY. Find resources for parents, caregivers, grandparents, babysitters and even a link to help you and help your baby to sleep well.

<http://www.cribsforkids.org/request-a-crib/>

Link to request or order a crib.

- **Consumer Product Safety Commission (CPSC)**

<https://onsafety.cpsc.gov/blog/2011/06/14/the-new-crib-standard-questions-and-answers/>

New Crib Safety Standards: Questions and Answers

<https://www.cpsc.gov/Newsroom/Multimedia/?vid=61784>

Video, Learn How to Put Your Baby to Sleep Safely (12 mins)



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- **SafeKids Worldwide**
<https://www.safekids.org/video/emmetts-story-dangers-swallowing-coin-lithium-battery>
Video, Emmett's Story - The Dangers of Swallowing a Coin Lithium Battery (2:46)
- **Nationwide Children's (Hospital)**
<https://www.nationwidechildrens.org/family-resources-education/health-wellness-and-safety-resources/helping-hands/button-battery-safety>
Button Battery Safety information and handouts to print for parents in English, Spanish and Somali.
- **National Safety Council (NSC)**
<https://www.nsc.org/home-safety/safety-topics/child-safety/button-batteries>
Tiny Batteries Pose Sizeable Risks

<http://www.nsc.org/learn/safety-knowledge/Pages/safety-at-home-choking.aspx>
Choking Prevention and Rescue Tips
- **Official site for the Heimlich Maneuver®**
<http://henryheimlich.com/how-to-perform-the-heimlich-maneuver/>
- **Recalls, Online Resource for Recalls**
<https://www.recalls.gov/>
This site is a resource for federal recalls including”
 - Consumer Products
 - Motor Vehicles
 - Boats
 - Food
 - Medicine
 - Cosmetics
 - Environmental ProductsSee recent recalls, sign up for e-mail notices and search for recalls. Also available in Spanish.