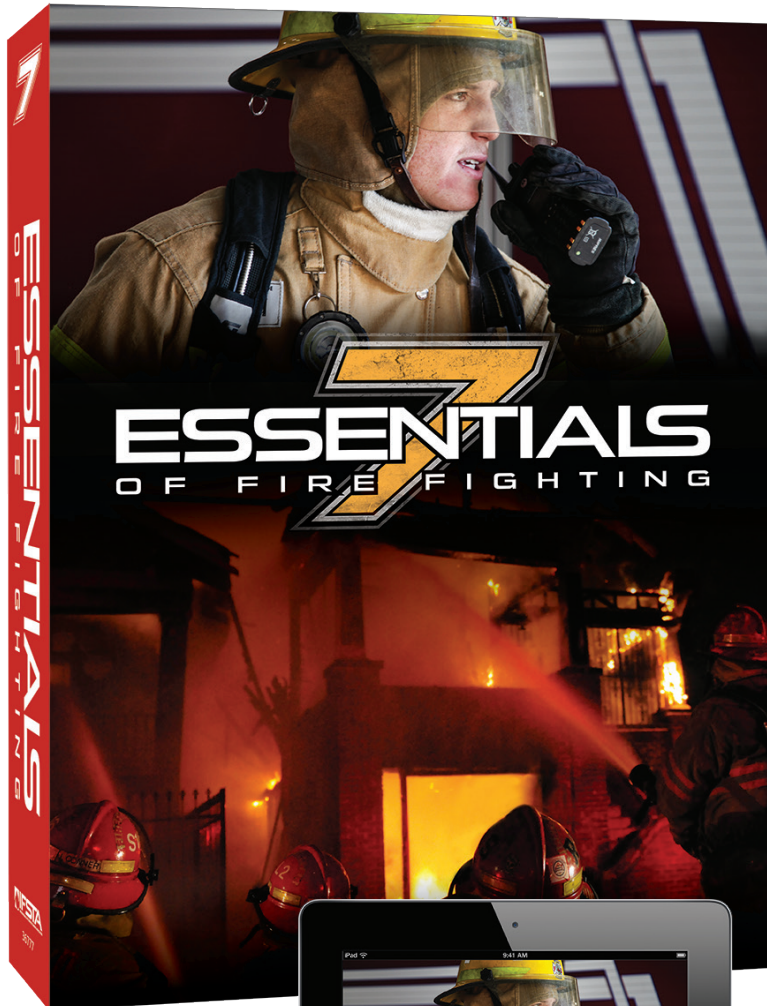


# ESSENTIALS



## ESSENTIALS OF FIRE FIGHTING, SEVENTH EDITION

This ALL NEW edition meets ALL of the NFPA 1001, 2019 JPRs. **Essentials 7** is the complete source for firefighter recruit and refresher training.

Key features:

- Organized to meet the needs of students and instructors:
  - Chapters 1-15 Fire Fighter I
  - Chapters 16-22 Fire Fighter II
  - Chapter 23 Emergency First Aid (FFI JPRs)
  - Chapters 24-26 Hazardous Materials Awareness and Operations (FFI JPRs)
  - Chapter 27 NIMS-ICS (FF I, FF II, and Hazmat JPRs)
- IFSTA worked with the UL Firefighter Safety Research Institute (UL-FSRI) to incorporate the latest research on fire behavior and fire attack. This research is throughout the text. **Essentials 7** uses text, photos, illustrations, key terms and plain language for greater comprehension of this new content.
- Hazardous Materials content is enhanced and meets Awareness and Operations of NFPA 1072, 2017 JPRs.
- The NEW IFSTA ONE COLUMN format means more photos, more illustrations, and more tables. More visuals enhance the student learning experience.
- The **Essentials 7<sup>th</sup> Edition App** – a student companion app is FREE to download. Stream all 173 skills videos FREE. Practice tool identification FREE. Sample the **Essentials 7 Interactive Course** and **Exam Prep**.
- A complete line of support products for students and instructors include the Curriculum, Workbook, Exam Prep, Interactive Course, Skills Videos, and eBook.

The new Fire Dynamics research from UL-FSRI is the basis for extensive changes in the Fire Dynamics and Ventilation chapters. These chapters tackle the complexities of fire behavior that new knowledge provides. The information is applied to structure fires and to the effects of fire on buildings. Applying this new science to fire attack means understanding fuel, the stages of fire, the critical need to control the sources of oxygen, and the value of cooling a fire before making entry into a structure.

Go to [IFSTA.org](http://IFSTA.org) to see a sample chapter and for more information.



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**40** years of  
**ESSENTIALS**  
Making Good Firefighters **GREAT**



## ESSENTIALS 7: CURRICULUM

Instructors know they can count on IFSTA to provide comprehensive and easy to customize curriculum. The **Essentials 7 Curriculum** includes all 27 chapters.

Find these curriculum components on a Flash Drive and ResourceOne.

- Plan of Instruction and Syllabus templates
- Lesson Outlines and PowerPoint® Presentations
- Chapter Quizzes
- Chapter Tests in Exam View
- Workbook Key
- Training Evolutions from Combined Skill Sheets
- Skills Evaluation Checklists

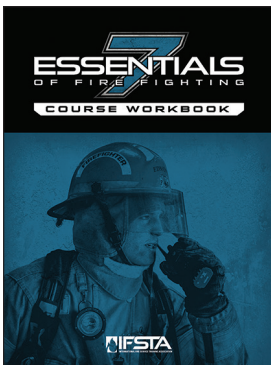
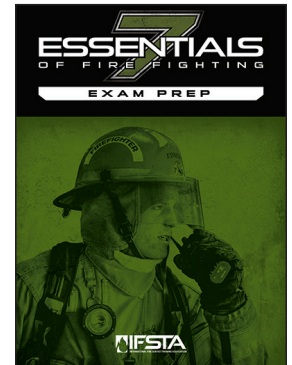
Curriculum is available for instructors to download at no cost on ResourceOne. Visit [R1.IFSTA.org/curriculum](http://R1.IFSTA.org/curriculum) to learn more or contact [resources@osufpp.org](mailto:resources@osufpp.org)

## ESSENTIALS 7: EXAM PREP

**Exam Prep** is a self-study tool for students to prepare for end of course tests and the written portion of a certification exam. This popular student product includes 1,541 questions divided among all 27 chapters of **Essentials 7**. Each question is page referenced so the user can quickly find the topic in **Essentials 7**. All items are multiple choice so the student practices the way they will be tested instilling confidence and reducing test anxiety. The answers for each question are in the back of the Exam Prep Print.

**Exam Prep** is available in 3 Formats:

- **Exam Prep Print**
- **Essentials 7<sup>th</sup> Edition App** – Easy interface to choose how many questions and from which chapters to customize study time. Questions with wrong answers are stored in a study deck so students can return and focus study on the content that needs the most study. Each question is page referenced to find the topic in **Essentials 7**. This is an in-app purchase.
- As a premium item through an **Essentials 7** course on ResourceOne provided by an instructor.



## ESSENTIALS 7: COURSE WORKBOOK

The **Workbook** is for the student to review the material in each chapter, to support classroom and online instruction. It is ideal for homework assignments. The **Workbook** includes more than 3,000 questions and activities covering all 27 chapters of **Essentials 7**. Instructors can include the activities and questions in lesson plans and for review after the initial presentation of chapter content. Each item is page referenced so the user can quickly find the topic to review in **Essentials 7**. Students will also find value in using the **Workbook** if the instructor does not incorporate it as a part of a course. Different types of questions and activities reinforce various learning styles. Activities include:

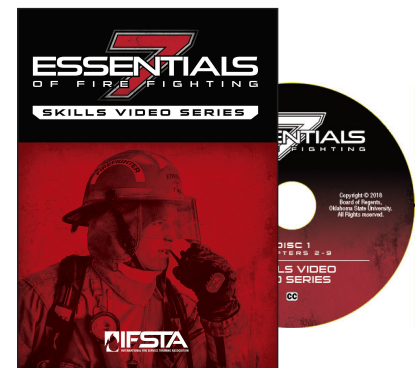
- Key Terms
- True/False
- Matching
- Fill in the Blank
- Picture Identification
- Short Answer
- Multiple Choice
- Scenarios

## ESSENTIALS 7: SKILLS VIDEO SERIES DVD SET

The 173 videos follow the skill sheet instructions provided at the end of **Essentials 7** chapters. The skill requirements of *NFPA® 1001, Standard for Fire Fighter Professional Qualifications (2019)*, are presented in action videos. These videos assist visual learners and insure hands on training corresponds with the certification exam skill sheet checklists. Fire Fighter I and II skills are demonstrated in these videos. The videos are offered in two ways to meet the needs of students and instructors.

**Skills Video Series is Available:**

- **Skills Video Series DVD Set** with all 173 Videos
- FREE to stream on the FREE **Essentials 7<sup>th</sup> Edition App**



## ESSENTIALS 7: ESSENTIALS 7<sup>TH</sup> EDITION COMPANION APP

Find the **Essentials 7<sup>th</sup> Edition App** on the App Store. Download the app for FREE. Stream all 173 skills videos FREE. Practice tool identification FREE. Sample the **Essentials 7 FFI & FFII Interactive Course** and **Exam Prep** before you make an in-app purchase.

**In-App Purchase Items:**

- Exam Prep with 1,541 questions
- Essentials 7 FFI & FFII Interactive Course
- Download all 173 Skills Videos for off line viewing

